

BRANDEIS

SAN FERNANDO VALLEY CHAPTER

Hi,

I want to contact all of you with a message that I received from a friend of mine that was really inspiring:

I want to share with you what Bill Gates feels the Corona/Covid-19 virus is really doing to us:

- It is reminding us that we are all equal, regardless of our culture religion, occupation, financial situation or how famous we are. The disease treats us all equally, perhaps we should too.
- It is reminding us that we are all connected and that something that affects one person has an effect on another.
- It is reminding us how precious our health is and how we have moved to neglect it through eating nutrient poor manufactured food and drinking water that is contaminated with chemical.
- It is reminding us of the shortness of life and of what is most important for us to do, which is to help each other, especially those who are old and sick.
- It is reminding us of how materialistic our society has become and how, when in times of difficulty, we remember that it's the essentials that we need as opposed to the luxuries that we sometimes unnecessarily give value to.
- It is reminding us of how important our family and home life is and how much we have neglected this. It is forcing us back into our houses so we can rebuild them and strengthen our family unit.
- It is reminding us that our true work is not our job, that is what we do, not what we were created to do. Our true work is to look after each other, to protect each other and to be of benefit to one another.
- It is reminding us that the power of free will is in our hands. We can choose to cooperate and help and support each other, or we can choose to be selfish and to look after only our self.
- It is reminding us that we can be patient or we can panic. We can either understand that this type of situation has happened before in history and will pass, or we can panic and see it as the end of the world.
- It is reminding us that this can either be an end or a new beginning. This can be a time of reflection and understanding, where we can learn from our mistakes or it can be the start of a cycle which will continue until we finally learn the lesson we are meant to.

Whereas many see the Corona/Covid-19 virus as a great disaster, I prefer to see it as a "great corrector". It is sent to remind us of the important lessons that we seem to have forgotten and it is up to us if we will learn them or not.

**If you know someone who needs help – let me know what we can do for them.
Stay Safe – Stay well**

Lea Templer
San Fernando Valley Chapter President
ltempler@earthlink.net
818-219-2406